



# stitch Nation

BY DEBBIE STOLLER™



## Lettuce knit arm warmers

SN0111



INTERMEDIATE

Directions are for size Small/Medium; changes for size Large/  
XLarge, are in parentheses.

STITCH NATION by Debbie Stoller™ "Full o' Sheep™":  
1 (2) balls 2630 Meadow.

Knitting Needles: 4.5mm [US 7].

Place markers (2), small stitch holder, yarn needle.

**GAUGE:** 19 sts = 4"; 26 Rows = 4" in St st. **CHECK YOUR GAUGE.** Use any size needle to obtain the gauge.

### SPECIAL ABBREVIATIONS

**M1 (make one stitch)** = Lift running thread before next stitch onto left needle and knit into the back loop.

**K1, p1 Rib (worked over an odd number of sts)**

**Row 1 (Right Side):** K1, \* p1, k1; repeat from \* across row.

**Row 2:** P1, \* k1, p1; repeat from \* across row.

Repeat Rows 1 and 2 for K1, p1 rib.

### ARM WARMERS

#### Right Arm

Cast on 41 (45) sts.

#### Cuff

Begin with Row 1, work in K1, p1 rib until piece measures 1½", end by working a wrong side row.

#### Begin Pattern

**Row 1:** P3 (4), k13, p7 (8), k1, p17 (19).

**Row 2:** K17 (19), p1, k7 (8), p13, k3 (4).

**Row 3:** P3 (4), k4tog, [yo, k1] 5 times, yo, k4tog-tbl, p7 (8), k1, p17 (19).

**Row 4:** Repeat Row 2.

Repeat Rows 1 - 4 until piece measures 8½" from beginning, then work Rows 1 and 2 once more.

#### Shape Thumb

**Row 3:** P3 (4), k4tog, [yo, k1] 5 times, yo, k4tog-tbl, p7 (8), place marker, M1, k1, M1, place marker, p17 (19)– 43 (47) sts.

**Row 4:** K17 (19), p3, k7 (8), p13, k3 (4).

Keeping continuity of pattern, continue to inc 1 st after first marker and before second marker every right side row 5 (6) times more, working extra sts into pattern–53 (59) sts; 13 (15) sts between markers.

**Next Row (Wrong Side):** Work across row to within 1 st of first marker, slip st to right needle, remove marker and place next 13 (15) sts on holder for thumb, remove second marker, k1, pss0, work to end of row–39 (43) sts.

For more ideas & inspiration -

[www.redheart.com](http://www.redheart.com)

[www.stitchnation.com](http://www.stitchnation.com)

[www.coatsandclark.com](http://www.coatsandclark.com)



# stitch Nation

BY DEBBIE STOLLER™

Keeping in pattern, work even for 1½", end by working a wrong side row.

## Top Opening

Work 2 rows in K1, p1 rib. Bind off in pattern.

## Shape Thumb Opening

Slip 13 (15) sts from holder to needle.

Join yarn to wrong side, and work 2 rows in K1, p1 rib inc 1 st at beginning of each row—15 (17) sts.

Bind off loosely in pattern.

## Left Arm

Cast on and work cuff same as for Right Arm.

## Begin Pattern

Row 1: P17 (19), k1, p7 (8), k13, p3 (4).

Row 2: K3 (4), p13, k7 (8), p1, k17 (19).

Row 3: P17 (19), k1, p7 (8), k4tog, [yo, k1] 5 times, yo, k4tog-tbl, p3 (4).

Row 4: Repeat Row 2.

Repeat Rows 1 - 4 until piece measures 8½" from beginning, then work Rows 1 and 2 once more.

## Shape Thumb

Row 3: P17 (19), place marker, M1, k1, M1, place marker, p7 (8), k4tog, [yo, k1] 5 times, yo, k4tog-tbl, p3 (4)—43 (47) sts.

Row 4: K3 (4), p13, k7 (8), p3, k17 (19).

Keeping continuity of pattern, continue to inc 1 st after first marker and before second marker every right side row 5 (6) times more—53 (59) sts; 13 (15) sts between markers.

Complete same as for Right Arm.

## FINISHING

Sew thumb and side seams. Weave in yarn ends.



STITCH NATION by Debbie Stoller™ "Full o' Sheep™" Art. T100 available in 3.5 oz (100 g); 155 yd (142 m) balls.

**ABBREVIATIONS:** Inc = increase; k = knit; mm = millimeters; p = purl; pss0 = pass slipped stitch over and off needle; st(s) = stitch(es); St st = Stockinette st; tbl = work st as instructed through the back loop; tog = together; yo = yarn over; \* or \*\* = repeat whatever follows the \* or \*\* as indicated; [ ] = work directions in brackets the number of times specified.