Friendship Bracelets

Make them, wear them and give them! Colorful nylon cord creates bracelets that are fun to wear. Perfect for giving to all your best friends!

Bracelets measures 5½” [14 cm] excluding ties

SPECIAL TERMS
knot-bearing cord = the cord(s) around which knots are made.
knotting cord = cord used to make knots

SPECIAL TECHNIQUES

Overhand knot = small knot used to bring strands together

Slip knot = adjustable knot in which one strand can slide up and down the other
Left Over Double Half Hitch = tie Left Over Half Hitch twice
Right Over Double Half Hitch = tie Right Over Half Hitch twice

Left Under Double Half Hitch = tie Left Under Half Hitch twice
Right Under Double Half Hitch = tie Right Under Half Hitch twice

**Notes**
Attach bracelet to fabric pillow, pin board or other soft fixed point with a safety pin, OR clip to clipboard OR use tape to attach it to a table.

**FLAT KNOTTED BRACELET**

Pattern is created by alternating pairs of knots on first the left then the right side of the knot-bearing cords. This pattern is also known as alternate lark’s head braiding.

**Prepare cords**
Cut two 72” [183 cm] lengths of A and E. Holding ends together, measure 18” [45.5 cm] from end, fold, and leaving a ¾” [2 cm] long loop, tie an overhand knot. Short lengths serve as knot-bearing cord, long lengths as knotting cord. Secure overhand knot to fixed point. Arrange cords with short knot-bearing cords in center, E to the left and A to the right.

**FLAT KNOTTED BRACELET**

Pattern is created by tying a series of knots with 1 color over all other strands, changing to second color and working a series, then changing to third color for a series.

**Prepare cords**
Cut two 72” [183 cm] lengths of C, D and F. measure 18” [45.5 cm] from end, fold, and leaving a ¾” [2 cm] long loop, tie an overhand knot. Secure overhand knot to fixed point. Separate long lengths of F from knot-bearing cords, bring under and to left of D; hold D with knot-bearing cords. With F as knotting cord and all remaining strands as knot-bearing cords, tie 5 Left Over Double Half Hitch knots (10 Left Over Half Hitches).

**Knot Cords**
*With D as knotting cord and all remaining strands as knot-bearing cords, tie 5 Left Over Double Half Hitch knots (10 Left Over Half Hitches).

Separate long lengths of C from knot-bearing cords, bring under and to left of F; hold F with knot-bearing cords. With C as knotting cord and all remaining strands as knot-bearing cords, tie 5 Left Over Double Half Hitch knots (10 Left Over Half Hitches).

**Finish**
Divide cords into 2 groups of 6 strands; braid each group for 2” [5 cm] and secure with overhand knot. Trim ends to same length. Insert 1 braid through loop of overhand knot; tie braids together to secure.

**FINISHING**
Divide cords into 2 groups of 4 strands; braid each group for 2” [5 cm] and secure with overhand knot. Trim ends to same length. Insert 1 braid through loop of overhand knot; tie braids together to secure.

**FINISHING**

Please Note: Print this pattern using Landscape Orientation.

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ZIGZAG BRACELET

Pattern is created by knotting two cords successively left to right and right to left across knot-bearing center cords. Turning around on edge naturally leaves space on opposite edge cords, creating zigzag effect.

Prepare cords
Cut; cut two 18" [45.5 cm] lengths each of B and E, and two 72" [183 cm] lengths of C. Holding ends together, tie overhand knot 1" [2.5 cm] from end. Secure overhand knot to fixed point. Divide cords by color, braid for 2" [5 cm] and tie second overhand knot. Arrange single strands of cord in following order:
C, C, E, E, B, B

Knot Cords
*Beginning at left edge and working left to right with C, tie Left Over Double Half Hitch over each cord C, E, E, B, B.

Do not push knots flush with previous row; allow natural spacing. Cords should now be in order C, E, E, B, B, C.

Beginning at left edge and working left to right with C, tie Left Over Double Half Hitch over each cord C, E, E, B, B.

FINISHING
Divide cords by color, braid for 2" [5 cm] and tie another overhand knot. Trim both ends to same length. Tie braided ends together around wrist to wear.

ABBREVIATIONS
A, B, C, D, E, F = Color A, B, C, D, E, F; [] = work directions in brackets the number of times specified; * = repeat whatever follows the * as indicated.