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Lace in the Cables Vest

This timeless knit vest is ideal for all figure types. The extended shoulder detail and lacy cable stitching add just the right touch to the perfect vest.

Directions are for size Small. Changes for sizes Medium, Large, 1X, 2X, and 3X are in parentheses.

To Fit Bust 32 (36, 40, 44, 48, 52)" (81.5 (91.5, 101.5, 112, 122, 132) cm)

Finished Bust: 36 (40, 44, 48, 52, 56)" (91.5 (101.5, 112, 122, 132, 142) cm)

Finished Length: 22 (22, 23, 24, 24½)" (56 (58.5, 61, 61, 62) cm)

Special Stitch
5/5 RC (5 over 5 Right Cross) = Slip next 5 sts to cable needle and hold in back, k5, then k5 from cable needle.

ssk (slip, slip, knit) = Slip next two stitches knitwise to right needle, insert point of left needle through front of stitches, knit these stitches together through back loops.

Pattern Stitches
Cable A Pattern (over 10 sts)
Row 1 (right side): 5/5 RC.
Rows 2–20: Work in Stockinette st (knit on right side, purl on wrong side) for 9 rows.
Rows 21: 5/5 RC.
Row 22: Purl.
Row 23: [Yo, k2tog] 5 times
Rows 24–39: Repeat Rows 22 and 23 eight times.
Row 40: Purl.
Repeat Rows 1–40 for Cable A pattern.

Cable B Pattern (over 10 sts)
Note: Row 1 is equivalent to Row 21 of Cable A pattern, Row 2 is equivalent to Row 22 of Cable A pattern, and so on.
Row 1 (right side): 5/5 RC.
Row 2: Purl.
Row 3: [Yo, k2tog] 5 times
Rows 4–19: Repeat Rows 2 and 3 eight times.
Row 20: Purl.

Row 21: 5/5 RC.
Rows 22–30: Work in Stockinette st (knit on right side, purl on wrong side) for 9 rows.
Repeat Rows 1–40 for Cable B pattern.

Special Technique
3-Needle Bind-Off = Hold needles of stitches to be seamed parallel and with Right Sides together. With 3rd needle knit together first stitch from each needle, *knit together next stitch from each needle, pass first stitch over 2nd stitch and off right needle; repeat from * until all stitches have been knit from the 2 parallel needles and only one stitch remains on the right needle. Fasten off.

Notes
1. Work back and forth on circular needles as if working with straight needles.
2. Cable patterns can be worked by reading written instructions or following charts. Read right side rows of charts from right to left and wrong side rows from left to right.

BACK
With smaller needle, cast on 88 (96, 104, 114, 122, 132) sts.

With larger needle.
Row 1 (right side): P15 (17, 19, 24, 26, 31), place marker, [k10, place marker, p14 (16, 18, 18, 20, 20), place marker] twice, k10, place marker, p15 (17, 19, 24, 26, 31).
Row 2: Knit to first marker, slip marker, [p10, slip marker, knit to next marker, slip marker] twice, p10, slip marker, knit to end of row.
Row 3: Purl to first marker, slip marker, [k10, slip marker, purl to next marker, slip marker] twice, k10, slip marker, purl to end of row.
Row 4: Repeat Row 2.

Continued...
Begin Cable Patterns
Continue to slip markers as you come to them.

Row 1 (right side): Purl to first marker, work Row 1 of Cable A pattern, purl to next marker, work Row 1 of Cable B pattern, purl to next row of Cable B pattern, knit to next marker, work next row of Cable A pattern, purl to end of row.

Row 2: Knit to first marker, work next row of Cable A pattern, knit to next marker, work next row of Cable B pattern, knit to next marker, work next row of Cable A pattern, knit to end of row.

Repeat last 2 rows until piece measures about 22 (22, 23, 24, 24, 24)" (56 (56, 58.5, 61, 61, 62) cm), with an end marker.

Cut yarn. Slip first and last 38 (42, 45, 49, 52, 56) sts onto holders, leaving center 24 (24, 26, 28, 30, 32) sts on needle for back neck.

Rejoin yarn and work in Garter st over remaining back neck sts for 3 rows.

Bind off loosely.

RIGHT FRONT
With smaller needle, cast on 48 (52, 56, 60, 66, 70) sts. Work in Garter st for 4 rows.

Change to larger needle.

Row 1 (right side): K3 (for front edge), place marker, p20 (22, 24, 23, 27, 26), place marker, k10, place marker, 15 (17, 19, 24, 26, 31).

Row 2: Knit to first marker, slip marker, purl 10, slip marker, knit to end of row slipping last marker.

Row 3: K3, slip marker, purl to next marker, slip marker, k10, slip marker, purl to end of row.

Row 4: Repeat Row 2.

Begin Cable Pattern
Continue to slip markers as you come to them.

Row 1 (right side): K3, purl to next marker, work Row 1 of Cable A pattern, purl to end of row.

Row 2: Knit to first marker, work next row of Cable A pattern, knit to end of row.

Row 3: K3, ssk, purl to next marker, work next row of Cable A pattern, purl to 3 sts, k3

Shape Neck
Row 1 (right side): K3, ssk, purl to next marker, work next row of Cable A pattern, purl to end of row—47 (51, 55, 59, 65, 69) sts.

Row 2: Knit to first marker, work next row of Cable A pattern, knit to end of row.

Row 3: K3, ssk, purl to next marker, work next row of Cable A pattern, knit to end of row.

Repeat last 2 rows until piece measures about 14 (14, 14½, 15, 15, 15)" (35.5 (35.5, 37, 38, 38, 38) cm) from beginning, end with a wrong side row.

Cast On for Sleeve
Row 1 (right side): K3, ssk, purl to next marker, work next row of Cable A pattern, purl to end of row.

Row 2: Cast on 6 sts, knit to first marker, work next row of Cable A pattern, knit to end of row.

Row 3: K3, ssk, purl to next marker, work next row of Cable A pattern, purl to last 3 sts, k3

Shape Neck
Row 1 (right side): Purl to first marker, work next row of Cable A pattern, purl to 2 sts before last marker, k2tog, k3—47 (51, 55, 59, 65, 69) sts.

Row 2: Knit to 2nd marker, work next row of Cable A pattern, knit to end of row.

Cast On for Sleeve
Row 1 (right side): Cast on 6 sts, k3 (for sleeve edge), purl to first marker, work next row of Cable A pattern, purl to next marker, work next row of Cable B pattern, purl to next marker, work next row of Cable A pattern, purl to last 3 sts, k3.

Shape Neck
Row 1 (right side): Purl to first marker, work next row of Cable A pattern, purl to 2 sts before last marker, k2tog, k3—47 (51, 55, 59, 65, 69) sts.

Row 2: Knit to 2nd marker, work next row of Cable A pattern, knit to end of row.

Repeat last 2 rows until piece measures about 14 (14, 14½, 15, 15, 15)" (35.5 (35.5, 37, 38, 38, 38) cm) from beginning, end with a wrong side row.

LEFT FRONT
With smaller needle, cast on 48 (52, 56, 60, 66, 70) sts.

Work in Garter st for 4 rows.

Change to larger needle.

Row 1 (right side): P15 (17, 19, 24, 26, 31), place marker, k10, place marker, p20 (22, 24, 23, 27, 26), place marker, k3 (for front edge).

Row 2: Knit to 2nd marker, slip marker, p10, continue to slip markers as you come to them.

Row 3: Purl to first marker, slip marker, knit to last marker, slip marker, k3—47 (51, 55, 59, 65, 69) sts.

Shape Neck
Row 1 (right side): Purl to first marker, work next row of Cable A pattern, purl to 2 sts before last marker, k2tog, k3—47 (51, 55, 59, 65, 69) sts.

Row 2: Knit to 2nd marker, work next row of Cable A pattern, knit to end of row.

Repeat last 2 rows until piece measures about 14 (14, 14½, 15, 15, 15)" (35.5 (35.5, 37, 38, 38, 38) cm) from beginning, end with a wrong side row.

Cast On for Sleeve
Row 1 (right side): Cast on 6 sts, k3 (for sleeve edge), purl to first marker, work next row of Cable A pattern, purl to next marker, work next row of Cable B pattern, purl to next marker, work next row of Cable A pattern, purl to last 3 sts, k3.

Shape Neck
Row 1 (right side): Purl to first marker, work next row of Cable A pattern, purl to 2 sts before last marker, k2tog, k3—47 (51, 55, 59, 65, 69) sts.

Row 2: Knit to 2nd marker, work next row of Cable A pattern, knit to end of row.

Repeat last 2 rows until piece measures about 14 (14, 14½, 15, 15, 15)" (35.5 (35.5, 37, 38, 38, 38) cm) from beginning, end with a wrong side row.

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Next Row (right side): K3, purl to first marker, work next row of Cable A pattern, purl to last marker, k3.
Next Row: Knit to 2nd marker, work next row of Cable A pattern, knit to end of row. Repeat last 2 rows until piece measures same as back. Slip remaining 38 (42, 45, 49, 52, 56) sts to a holder.

I-CORD TIES (make 2)
With smaller needle, cast on 3 sts, *knit all the sts, do not turn work. Slide all the stitches to opposite end of needle. Carry yarn tightly across back of work, and knit all the stitches; repeat from * until I-cord measures about 20” (51 cm) long. Bind off.

FINISHING
Use 3-needle bind off to seam shoulders. Sew side and sleeve seams. Sew one tie to each front edge near beginning of neck shaping. Weave in any remaining ends.

ABBREVIATIONS
k = knit; k2tog = knit next 2 sts together; p = purl; st(s) = stitch(es); yo = yarn over; [] = work directions in brackets the number of times specified; * = repeat whatever follows the * as indicated.